Social Planning Council of Peel

THRIVE WORKSHOP



Your Story, Your Canvas: Imagining and Creating What Comes Next



Bethany Osborne

About the Facilitator:

Prof. Bethany Osborne is an educator and researcher with over 25 years of experience in community development. She is the Program Coordinator and Professor of the Honours Bachelor of Social and Community Development at Sheridan College.

Saturday, November 28th, 2026

2:00 PM - 5:00 PM

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(905) 629-3044

Sheridan College
7899 McLaughlin Rd, Brampton
ON L6Y 5H9
Room C224
(Free Parking)

Workshop Highlights:

- Explore Your Story & Strengths
- Express Yourself Through Art
- Imagine New Possibilities
- Create Your Next Chapter

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